

# Dollies Tea Room

## THE TEAPOT POST

### DECEMBER MENU

#### Soup

Tomato Basil

#### Salad

Quinoa, Green Bean &  
Red Pepper

#### Sandwiches/Savories

Chicken Salad  
Cucumber  
Cranberry Feta Pinwheel  
Spinach Quiche

#### Scones

Dollies and White  
Chocolate Peppermint

#### Sweets

Christmas Fudge  
Cranberry, Coconut &  
Pecan Bread  
Cheese Cake  
Shortbread Cookie

#### Sorbet

Cranberry

### JANUARY MENU

#### Soup

Vegetable Barley

#### Salad

Black-Eyed Pea

#### Sandwiches/Savories

Chicken Salad  
Cucumber  
Fig & Goat Cheese  
Italian

#### Scones

Dollies and Panzanella

#### Sweets

Lemon Poppyseed Cake  
Peanut Butter Fudge  
Blondie  
Shortbread Cookie

#### Sorbet

White Grape

### TASTE IS NOT ALL IN YOUR MOUTH

Is your first initial enjoyment of that hot cup of tea the aroma? Teas release volatile molecules into the air that we breathe and we interpret this as what we smell. With that first lovely sip from the cup more volatiles are released and our brains decide if we have had this experience before and if we enjoyed it. In the case of some Oolongs or fermented Pu-erh's what happens is much more complex. Our brains can become confused as we attempt to decipher the overall experience as pleasant or unpleasant. Taste and smell are only two of the sensory inputs that influence flavor. Our memories and expectations play a role in determining our experience of tea. But relax, and don't think too hard, sip and enjoy, just let it all happen and allow your brain to do its job. A visit to Dollies will help enhance your enjoyment of this ancient, complex and incredible drink. Again, whether you are new to tea or a long time enthusiast I invite you to come in, select your favorite brew and spend some time with us. Mark and I, along with my incredible Staff wish you and yours a Merry Christmas and a blessed New Year!

- Amy

### FEBRUARY MENU

#### Soup

Tomato Bisque

#### Salad

Basil Bean

#### Sandwiches/Savories

Chicken Salad  
Cucumber  
Olive Bruschetta  
Tea Heart

#### Scones

Dollies and Snickerdoodle

#### Sweets

Chocolate Cake  
Banana Bread  
Strawberry Cream Cheese  
Cookie  
Shortbread Cookie

#### Sorbet

Cherry

### SEASONAL TEAS

#### December 2018, January & February 2019

#### Cinnamon Sugar Cookie (Black/Decaf)

*A fine black decaf tea bringing the taste of fresh baked cinnamon and brown sugar cookies to the table.*

#### Silver Bells (Flavored Black)

*Back by popular demand...black tea with hints of clove, citrus notes from lemon peel and sweet holiday bling silver & gold dragees..*

#### Masala Chai (Black Chai)

*Bold black tea infused with ginger root, cinnamon, vanilla, and green cardamom.*

#### Plum Green (Green)

*Green Sencha tea flavored with juicy plums. Delectable!*



### BCA-CV PINK BOX TEA DONATION SITE

Dollies Tea Room will be a tea cup & saucer donation site for the Breast Cancer Awareness of Cumberland Valley's (BCA-CV) Pink Box Tea. We are collecting pristine, bone china cups & saucers to be given away at the September 2019 fundraiser.

*"The mere think of cups and saucers tunes the mind to happy repose." ~ George Gissing*



PO Box 5 Cumberland Street  
Clear Spring, MD 21722  
301-842-2720

Dollies  
Gift Certificates  
Available

## U P C O M I N G E V E N T S

### Tea Appreciation Society 2018 Member Benefits

Members receive....

#### **December:**

Complimentary 1/2 dozen  
shortbread cookies. Once per  
month.

### 2019 Tea Appreciation Society Sign Up Event

Thursday, January 10, 2019  
7:00 to 8:30 pm

Register and Select "Your" Cup.  
First Come, First Served.

Membership is Limited to 24.

\$25.00 Membership Fee will be  
due upon registration.

Snow date will be Thursday,  
January 17th.

### **Pre-order your Sweetie a Valentine Gift from Dollies!**

One-half pound of Dollies homemade  
chocolate fudge, a 2 ounce bag of  
Chocolate Raspberry Truffle loose tea, a  
box of 20 Tea Sacs and a demi-spoon all  
packaged ready to give! Pick up will be  
February 13th from 1:00 until 6:00 pm or  
the 14th from 11:00 am until 4:00 pm.

Order Now, Only \$ 24.99  
pre-paid and non-refundable

### **Dollies Mother's Day Tea Sunday, May 12th at 1:00 pm. One Seating Only!**

Join us for Tea to celebrate Mom and  
all the special women in your life!  
Seating is limited and an open seating  
arrangement will be used.

Reservations open March 14, 2019.  
\$ 38.00 per person, pre-paid, and  
non-refundable. Includes a gift of tea  
from Dollies Tea Room.

### **SAVE the DATE...** *Herbs for Woman's Health*

A very special Ladies Night is coming  
on Thursday, March 21, 2019, from  
6:00 to 8:30 pm with guest speaker  
Susanna Reppert-Brill, Master  
Herbalist from The Rosemary House &  
Garden in Mechanicsburg, PA.

Susanna will reveal ancient and  
fascinating herb lore, legend and fact in  
a "show-and-tell" presentation  
centered around herbs found to be  
beneficial for women.

A graduate of Penn State University she  
is one of the few clinical herbalist in  
Central, PA having completed the  
David Winston School of Herbal  
Therapeutics. Susanna tends over 200  
herbs in her garden to harvest and use in  
countless ways in her teaching and at  
The Rosemary House.

Registration opens on January 24, 2019.  
Your non-refundable pre-payment is  
required with registration. Seating is  
limited. Tea, scones and other nibbles  
will be served. \$ 28 per person



### **Save the Date...Return to Downton**

**Saturday, August 24, 2019**

**The new Downton Abby movie is set for release on  
September 13, 2019.**

**Come participate in a night of remembrance and review  
of the past seasons and prepare for the movie release!**

**More information to come....**

Please notify us if you no longer wish to receive the newsletter or we can send it to you by email.